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# **Cheap Vegan: Learn How To Cook Amazing Low-Budget Vegan Recipes That Only Cost A Few \$\$\$ A Day (vegan Recipes In 30 Minutes) (vegan Recipes Cookbook Book 1)**



## Synopsis

Cheap Vegan Recipes - Cos' "Vegan" Doesn't Mean "Expensive"Discover 35 Cheap Vegan Recipes To (not) die for! I created this book for all you vegans out there, to show that you could be living a very healthy life without having to spend thousands of dollars each month on groceries, by utilizing cheap vegn ingredients. That's attainable! Veganism is a sort of veggie lover consume less calories that avoids meat, eggs, dairy items and all other creature determined fixings. Numerous veggie lovers additionally don't eat nourishments that are handled utilizing creature items, for example, refined white sugar and some wines. Vegetarian alludes to either a man who tails along these lines of eating, or to the eating regimen itself. Low cost vegan recipes are desired by most of the people. So this book is written according to low budget of people. 5 Reasons To Buy This Book: Make Delicious but cheap vegan recipes! Lose Weight! Enjoy The Coolest Recipes! Live Longer! Keep The Animals, save the planet etc. Here Are Some Of The Recipes You'll Learn: 1. Delicious Meatballs 2. Delicious Avocado Cream Pasta 3. Healthy Vegan Chicken Salad 4. Amazing Vegan Breakfast Sandwich 5. Delicious Mexican Noodle Soup 6. Delicious Veggie Naan 7. Lemon Veggie Recipe 8. Delicious Tofu Scramble 9. Smashed Chickpea and Avocado Salad Sandwich 10. Amazing Kale Caesar Salad 11. Delicious Curried Rice and Lentils 12. Healthy Lentil-Vegetable Soup 13. Healthy Vegan Fry Noodles 14. Delicious Curry Roasted Cauliflower 15. Delicious Curry Chick Peas 16. Healthy Parsley Salad with Almonds and Apricots 17. Amazing BLACK BEAN with Avocados 18. Grilled Vegan Pizza 19. Amazing Kidney bean curry 20. Healthy Garlic, Lemon Thyme Poached Potatoes 21. Healthy Spinach, Sweet Potato and Lentils 22. Tomato and Mushroom Hotcakes 23. One-Pot Healthy Mushroom Potato Curry 24. Mixed Greens Balsamic Vinaigrette 25. Amazing Chunky chips 26. Cheesy Tofu Scramble 27. Amazing Hummus and Greens Wraps 28. Amazing Vegan Quesadillas 29. Wonderful Cilantro-Pepita Pesto with Squash Ribbons and Fettuccine 30. Healthy Black Bean Burgers 31. Healthy Cauliflower-Carrot Casserole 32. Healthy Chickpeas with Broccoli and Parmesan 33. Healthy Refried Bean Tostadas 34. Healthy Orzo with Spinach and Red Peppers 35. Healthy Three-Bean Chili with Spring Pesto. OK.... You Can Tell That This is a "no brainer" ... You get value for little money here, don't you agree? | Download Your Copy Now | Let's Make A Deal: If You Think This Is For You, Then Download Your Copy Now (Before The Price Goes Up)! See you on the other side my friend :) tags: cheap vegan, simple vegan, simple vegan cookbook, low budget vegan, vegan recipes on the go, vegan recipes in 30 minutes, vegan recipes cookbook

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